

Suggested Items to Bring to Camp!

Clothing	
Underwear	
Pajamas	
Long pants (jeans/sweatpants)	
Shorts	
T-Shirts	
Sweatshirt/Jacket	
Socks	
Closed toed shoes	
A hat	
A bag for dirty laundry	

Swimming Equipment	
Swimsuit	
Goggles	
Ear Plugs	
Beach Towel	
Water Shoes	

Personal Items	
Bath Towel	
Wash Cloth	
Shower Shoes	
Twin Sheets	
Blanket/Sleeping Bag	
Pillow(s)	
Toothbrush/Toothpaste	
Shampoo/Soap/Body Wash	
Hair Brush	
Deodorant	
Razor/Shaving Cream	
Sun Screen	
Bug Spray	
Lotion	
Menstrual Hygiene Products	

Special Equipment	
Wheel Chair	
Sleep Apnea Machine	
Nebulizer	
Crutches/Walker	
Braces	
Oxygen/Additional Supplies	
Feeding Tube Supplies	
Briefs (Adult Diapers)	
Hearing Aides (with extra batteries)	
Communication Devices	
Bed Pan/Urinal	
Hoyer Lift	
Any Adaptive Eating Equipment	

Medications: Please pack all medications needed for 5 nights and 6 days at camp. Be ready to have all medications checked in at the nurse's station during check-in. All medication must be marked in the original container.

